It’s Your Future.

Is C&S looking for you? Are you someone who:

- Looks for opportunities to add value and recommend process improvement?
- Keeps composure during challenging or ambiguous situations?
- Enjoys building and often wonders how things work?
- Shares your perspective and opinion while promoting diversity of thought in others?
- Has a “roll up your sleeves and get it done” attitude?

If so, C&S wants you to get a jump start on your future through a C&S Campus Program. You will learn hands-on skills, attend formal training programs, and make connections with C&S leadership.

Our Purpose —
Keeping people and our communities fed by providing value to our customers through innovation and scale.

- We work as one team
- Every person matters
- We’re tenacious in fulfilling our commitments
- We challenge the status quo
- We continuously make our work environment and communities better

5 Steps to Starting Your Future Today:

- Apply Online
  Search and apply on your school’s job board or on Campus.WeSelectTheBest.com for programs matching your skills and interests. You will receive a confirmation email letting you know that we will be in touch.

- Campus Event
  Attend a campus event or meet a C&S Campus Ambassador. Next steps? Interview with C&S on-campus.

- Complete Assessments
  We use a variety of tools to learn more about you and to give both of us the best opportunity to make a perfect match.

- Final Interview & Tour
  During the site visit and tour, you will learn about our culture as well as meet recent graduates, current program participants, and C&S leadership. It will also give us a chance to learn more about your skills and potential.

- Accept Your Offer
  Congratulations! Your future starts now! Make your work count for your career, your community and for C&S.

Campus.WeSelectTheBest.com

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3 Secrets to Success with C&S

Learn the C&S Story
C&S, the largest food wholesaler in the country and a $25 billion company, was founded in 1918 and now supplies grocers with over 150,000 different products.

Attend Campus Recruiting Events
Meet us at a career fair, information session, or campus event to learn more about the opportunities at C&S.

Create Your C&S Profile
Register online at Campus.WeSelectTheBest.com to upload your resume and receive emails on your area of interest.

Creating a Winning Resume
Your resume is our first impression of you. An organized and easy-to-read resume sets the stage for success at C&S.

- Does your resume:
  - Have your name and current contact information?
  - Clearly state your objective, specific position and skills?
  - Accurately state your academic achievements?
  - Include extracurricular activities and volunteer work?
  - Include awards, published articles and conference presentations?

Interviewing Like a Professional
Here are six tips for acing the interview:

1. Research C&S — our history, products, locations, careers and recent news
2. Be confident
3. Use personal examples to illustrate your strengths and skills
4. Describe how you are action-oriented
5. Be prepared to discuss your resume
6. Ask questions about C&S and the position

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