



It's Your Future.

Start Now. Grow Fast. Make It Count.

5 Steps to Starting Your Future Today:



Apply Online

Search and apply on your school's job board or on Campus.WeSelectTheBest.com for programs matching your skills and interests. You will receive a confirmation email letting you know that we will be in touch.



Campus Event

Attend a campus event or meet a C&S Campus Ambassador. Next steps? Interview with C&S on-campus.



Complete Assessments

We use a variety of tools to learn more about you and to give both of us the best opportunity to make a perfect match.



Final Interview & Tour

During the site visit and tour, you will learn about our culture as well as meet recent graduates, current program participants, and C&S leadership. It will also give us a chance to learn more about your skills and potential.



Accept Your Offer

Congratulations! Your future starts now! Make your work count for your career, your community and for C&S.

Is C&S looking for you? Are you someone who:



Looks for opportunities to add value and recommend process improvement?



Keeps composure during challenging or ambiguous situations?



Enjoys building and often wonders how things work?



Shares your perspective and opinion while promoting diversity of thought in others?



Has a "roll up your sleeves and get it done" attitude?

If so, C&S wants you to get a jump start on your future through a C&S Campus Program. You will learn hands-on skills, attend formal training programs, and make connections with C&S leadership.

What sets us apart is our unique culture —

we are hardworking, flexible, good at what we do and always trying to be better. Most importantly, we have passion — a passion to embrace our competitive spirit and channel it for good.

Everything we do meets our mission and vision of:

- ✓ Quality in everything we do
- ✓ Braggingly happy customers
- ✓ Braggingly happy team members
- ✓ Everyone involved in everything
- ✓ Have fun in the process



3 Secrets to Success with C&S



Learn the C&S Story

C&S, the largest food wholesaler in the country and a \$25 billion company, was founded in 1918 and now supplies grocers with over 150,000 different products.



Attend Campus Recruiting Events

Meet us at a career fair, information session, or campus event to learn more about the opportunities at C&S.



Create Your C&S Profile

Register online at [Campus.WeSelectTheBest.com](https://www.campus.weselectthebest.com) to upload your resume and receive emails on your area of interest.

Creating a Winning Resume

Your resume is our first impression of you. An organized and easy-to-read resume sets the stage for success at C&S.

Does your resume:

- ✓ Have your name and current contact information?
- ✓ Clearly state your objective, specific position and skills?
- ✓ Accurately state your academic achievements?
- ✓ Include extracurricular activities and volunteer work?
- ✓ Include awards, published articles and conference presentations?

Interviewing Like a Professional

Here are six tips for acing the interview:

- ✓ Research C&S — our history, products, locations, careers and recent news
- ✓ Be confident
- ✓ Use personal examples to illustrate your strengths and skills
- ✓ Describe how you are action-oriented
- ✓ Be prepared to discuss your resume
- ✓ Ask questions about C&S and the position